



Celebrating our CDC Staff Anniversaries!

March:

3/2 Vanessa Diaz	T-5	2
3/14 Kelsey Tucker	P-4	4
3/14 Heidi Lopez	T-1	7
3/20 Nancy Galvan	P-3	1
3/31 Gabby Alarcon	T-1	4

April:

4/9 Kris Olson	T-3	17
4/13 Carol Ann Maciel	Inf	11
4/25 Gabby Nunez	P-1	1
4/29 Denise Corruith	P-3	5

Upcoming Events:

March 21st
PAC Meeting

March 30th
CDC Closed for Staff Training

Save the Date:
Pre-K (P4 & P5)
and Kindergarten
Graduation-
6/30/2018
Times TBA



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Getting Enough Sleep



Getting enough sleep-10-13 hours a night will help children stay healthy, and do well in school. With the time change it is important to stick to a nightly bedtime routine. Repeating the routine each night helps children recognize it's time for sleep. Also, research shows that watching TV or playing video games close to bedtime can get kids wound up and keep them from sleeping. If they use electronics, then they should be turned off at least an hour before bedtime. Finally, encourage the rest of the family to read or do other quiet activities after they say good night. Children may have an easier time going to bed-and staying there-if they do not feel like they are missing out on the fun.

For more information visit
<https://www.aap.org/en-us/about-the-aap/aap-press-room/pages/American-Academy-of-Pediatrics-Supports-Childhood->

Director's Corner

Dear CDC-School Families,

During the week of February 26th-March 2nd we celebrated Dr. Seuss' birthday and participated in Read Across America week. We want to thank all of our families for participating in our classroom activities.

I want to send out an extra special **Thank You** to all of our guest readers that came from our surrounding community to read to our children. We were lucky enough to have **Capt. Rodriquez & Sgt. O' Malley, Pomona Police Department**, **Mr. Miguel Santana, Fairplex President & CEO**, **Cielo Castro, Fairplex Chief of Staff**, **Mrs. Leann Paddock Owner of La Verne Construction**, **Cameron Urkofsky, Chief of Staff from Senator Connie Leyva's office Twentieth Senate District**, and our very own **Dr. Holly Reynolds, TLC Executive Director**. We appreciate you all taking the time out of your busy schedules to come and spend time here at the Child Development Center.

We are thrilled to announce the official promotion of Ruby Escamilla to the position of Assistant Director. She started at the Child Development Center as a work study student for the University of La Verne in 2000 and was hired soon after in 2001. Ruby holds a Bachelor's Degree and Master's Degree from the University of La Verne. She has been an adjunct faculty in the Child Development Department for the University since 2015.

We are very excited for the future and continuing the tradition of excellence in educational experiences that have always been an integral part of our program.

Wishing You Well,

Alexis Luby-Gordillo

Kindergarten Corner



"You're never too old, too wacky, too wild, to pick up a book and read to a child."
-Dr. Seuss

February 9, 2018 marked the 100 days of Kindergarten. In recognition of this celebration, our scholars created displays with 100 items that they showcased around the school. We are so proud of our children's accomplishments and learning that has taken place this school year.

Our Kindergarten class prides on being 100 days smarter.

Parent-Teacher Conferences will be taking place the week of March 19th-March 23rd. Conference sign-ups available at front office.

We are still accepting applications for our 2018-2019 Kindergarten class. Spaces are filling up fast! Make sure to get your application in today.



Important Reminders:

- Please remember to sign your child in/out EVERY DAY on the front office sign-in binders.
- For all families paying by either cash or check, a 2% discount (of the weekly tuition amount) will be applied when the payment is made. The **Cash/Check Discount** will NOT be applied to accounts with past-due balances. Your account **MUST** be current for the **Cash/Check Discount** to be applied. An account is considered delinquent when it becomes one full week past due, and is subject to **Delinquent Fee Charges** that will be applied at the end of each week.
- If your little one has had an update to their immunization record, please make sure to bring in a copy for the front office.

Mark on your Calendars:

Get those smiles camera ready and mark your calendars, spring pictures with Lifetouch will take place the week of **May 7th-May 11th, 2018**. More information will be given closer to the date.

Our spring Scholastic Book Fair will take place during the Week of the Young Child **April 16-April 20, 2018**. This is a great time to stock up for your little ones summer readings and graduation gifts, all while supporting your school.

PAC's next meeting will be held on **Wednesday, March 21th, from 5pm—6pm**. Please join us for planning of Teacher Appreciation Week in May as well as future fundraising/events for the center. Thank you in advance for your help and support of your child's school!



Parental Involvement

Friday April 20, 2017

Spring Open House

4:30-5:30pm

We look forward to having you come and visit your child's classroom and going on a Journey through our school to complete your child's *Passport to Success!*

Summer/Fall 2018 forms are due! This is for all families enrolled at the school. It is important to plan properly for summer and fall, and identify spaces for those families on our waitlist.

Turn Any Walk into a Nature Walk



By Peggy Ashbrook

Every walk is an opportunity for children to learn about the natural world. Walking around the block with my child when he was 2 years old could take an hour because there was always something new to explore.

As you explore your neighborhood:

- Be open to the wonder of noticing small details and new growth.
- Leave electronic toys at home so that children can focus on the world around them.
- Bring paper and crayons so children can draw what they see if you bring your cell phone and need to take a call.
- Walk at different times of the day or night to increase your chances of seeing something new.
- Ask, “What’s different about what you see today?” each time you and your child walk outside.
- Model using all five senses. You might say, “I’m seeing the big clouds,” “I’m touching the wet grass,” “I’m hearing the jets of an airplane,” or “I’m smelling the fallen pine tree needles.” It’s not safe to taste many things outdoors, but you can “taste” the air.
- Carry along an inexpensive magnifying glass so children can get up close and personal with nature.
- Make dressing for the weather part of the learning experience by singing songs about the weather as you and your child put on sunscreen, hats, or several layers of clothing. Try “You Are My Sunshine,” “It Ain’t Gonna Rain,” or “The Mitten Song”. Let your child work to figure out how to zip a zipper or put on boots just long enough so she can learn these tasks and not so long that she becomes frustrated.

Observe the weather

On the walk, use your magnifying glass to look closely at drops of rain hanging from a leaf or to examine the structure of snow. If it has recently rained, take a medicine dropper so your child can suck up rain from puddles and squirt it back out again. Watch where the water flows and ask, “I wonder where it will go from here?” If it is sunny, make shadows with your body or jump over the shadow of a family member. Use sidewalk chalk to draw the shapes of the clouds you see.

Animals

Use your magnifying glass to look closely at small wildlife such as non-poisonous spiders, roly-polies, worms, and any non-stinging insect that will hold still long enough. Ask your child to show you how the worm or ant moves, and join in as he wiggles or crawls. Ask your child to think about how well animals move even though their bodies are so different from our own.

Count the number of larger animals you see on your walk. Is the neighbor’s cat in the window again? Look for birds in bushes and on electric lines. Are there cows in the field, squirrels in the trees, or dogs going for a walk around the block? Talk with your child about what these animals are doing.

Plants

Look closely at the different shapes, sizes, and structures of leaves and flowers (but watch out for thorns and poison ivy). Collect leaf shapes and then make rubbings of different types of leaves. To do this, put a piece of paper over a leaf resting on a hard surface, then rub or wipe the paper with a crayon held sideways to reveal the leaf's veins and edges. Collect fallen leaves and seeds by pressing them into the sticky side of a loop of tape. Ask your child to measure how tall a plant is in relation to her body ("This bush is as tall as my knee").

Observe changes in the life cycle of a plant. If a plant has a bud on it, ask your child to guess how many days it will take to open. Then count the days as you revisit the plant on your walks. If your children are old enough, have them record their findings in a notebook.

Rocks

Use your magnifying glass to see the tiny shapes of crystals or pieces of sediment that make up the rocks in your neighborhood. If rocks are not part of the landscape where you usually walk, take a field trip to a local creek where you might see some naturally deposited rock. Compare sizes and colors. Try using them as chalk on other rocks or on your sidewalk.

Learn More

Check your local library for books that will help children learn more about animals, plants, and whatever else they observe. Children love to see the variety of caterpillars, birds, local mammals, and flowers in these identification books. Internet sites and apps are also great resources for identifying animals and more.

Books:

- Nature's Playground: Activities, Crafts, and Games to Encourage Children to Get Outdoors by Fiona Danks and Jo Schofield.
- Take a Walk book series by Jane Kirkland includes books for elementary-age children that discuss different environments (beach, city, wetlands) and different things to observe (birds, butterflies clouds).
- Bugs Are Insects by Anne Rockwell. For children kindergarten to second grade.
- Seashells, Crabs, and Sea Stars by Christiane Kump Tibbitts. For children kindergarten to fourth grade.
- Winter Trees by Carole Gerber. For children kindergarten to second grade.
- Leaf Man by Lois Ehlert. For children ages 4 and up.
- Nature Close-Up: Seeds and Seedlings by Elaine Pascoe. For children from kindergarten to eighth grade.