

Teacher's Answer Guide

Page 1-2 "Chicken-From the Egg to Your Table"

Spanish explorers brought the first chickens to North and South America in the 1500s. English colonists also brought chickens with them when they sailed to the New World. Settlers at Jamestown raised small flocks as early as 1607. Later, almost every farmer had a small flock that helped feed his family.

The chicken business in America today is a technologically advanced food production system. No longer a casual backyard enterprise, modern day chicken production requires a knowledgeable, skilled team to bring the chicken from the egg to your table.

As you study about chickens, it is helpful to be familiar with some common terminology. A chicken, either male or female, that has just been hatched from the egg is called a chick. A Rock Cornish Game Hen is a young chicken four to five weeks old, weighing about two pounds when ready to cook. The fryer chicken is about six to seven weeks old with a ready-to-cook weight of three to five pounds. This is the type of chicken generally available in the supermarket. A roaster chicken is between seven and nine weeks of age and weighs five to seven pounds.

Chickens are raised for either meat or eggs. Chickens that are grown for meat are called "fryer" chickens. They are different from chickens known as "layers" that supply the eggs that we eat.

Chickens are raised by farm families that operate company owned poultry houses and equipment, or by private ranchers that raise birds for the company. They provide the day-to-day management needed for the growth, welfare, and productivity of the flocks. Poultry companies supply growers with chicks, feed, bedding materials, propane gas to heat the houses, health care for the chicks, and technical assistance in raising the birds.

The production process begins on a breeder farm where breeder hens lay hatching eggs. The eggs are taken to a hatchery where they are placed in incubators and held at ideal temperatures and humidity. Twenty-one days later the eggs hatch. The newly hatched chicks are placed in trays that are loaded onto buses known as "chick buses" and transported to a farm where they will spend the next six to seven weeks.

On the farm, chicks live in poultry houses that are generally longer than a football field and about one-fourth as wide. The house protects the chickens from disease and predators. Because chickens are not raised in cages, they are free to roam about the house. Heat and ventilation are carefully controlled in the poultry house. During summer months, large fans, water misting systems, or evaporative cooling systems cool the houses to a comfortable temperature.

The chicken's diet consists of a mixture of corn and soybean meal with vitamin and mineral supplements. No hormones are used in commercial chicken production. Feed and water are dispensed automatically. The poultry producer and a flock supervisor from the poultry company monitor the birds throughout the grow-out period. Company veterinarians are available to provide health care if needed.

Just as a grower cares for the birds, he or she also conscientiously does his part to protect the water, the land, and the air.

When chickens have grown to market size, a catching crew comes to the farm to catch the birds and place them in cages designed to protect them from injury. The cages are transported by truck to the processing plant where the birds are processed, inspected for wholesomeness by trained government inspectors and the poultry company's quality control personnel, and packaged for market. Each week thousands of truckloads of chicken are shipped from poultry processing plants to consumers throughout the United States and around the world.

Nutritionally aware consumers value the role of chicken in a healthful diet. Chicken has fewer calories than many meats: it is low in fat and high in protein, vitamins, and minerals. Chicken is easy to digest and is a versatile food that can be prepared in many ways. It is readily available at reasonable prices and in a variety of forms ranging from fresh whole birds to an ever-growing list of convenience products. Annual consumption of broiler chicken has risen from five pounds per person in 1945 to about 80 pounds per person in 2000.



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1. Chickens have						
feathers	beaks	OVOS.	oars	brushes	comb	
	can refer to ch	eyes	ears	Diusiles	comb	
			ni alak			
hen	rooster	chick	piglet			
3. Parts of a chicken that can be bought in a supermarket are						
thighs	drumstick	1	wings	breasts		
	ckens, a farme					
water	feed	lights	a bathtub	a building		
	ays to cook ch					
fried	baked	frozen	grilled			
6. A chicken house contains						
a watering sy		stoves	refrigerators	fans		
7. Buildings used in producing and marketing chickens						
hatchery	chicken house	kennel	processing plant	supermarket		
8. These people help with growing chickens						
policeman	flock superviso	or farmer	veterinarian			
9. Chickens can						
eat	drink	sleep s	ing			
10. Chicken feed contains						
corn	minerals	potatoes	soybeans			

Page 4-b "Food Safety QUIZ"

 At a party, picnic, or family meal, it's okay to leave food on the table for 	4. The best way to thaw frozen chicken or meat is to
a. no more than 2 hours	a. place it on the kitchen counter
b. no more than 3 hours	for a few hours
c. no more than 6 hours	b. place it in the refrigerator overnight
2. The best way to know that chicken	c. place it on top of the clothes
is cooked until done is to a. use a meat thermometer	dryer
b. check for tenderness	5. When packing food for lunch, refrigerated
c. see if it looks done	food will be safe for several hours if
	a. the food is in a cooler or
3. If you handle raw meat or chicken,	ice chest
before you touch anything else,	b. a special ice pack is
you should	included

a. wipe your hands on a towel

c. wipe your hands on your pants

b. wash your hands with hot

soapy water

c. the food is frozen when

packed

d. All of the above

hours if .



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Page 5 "10 Fast Facts"

- 1. California consumers eat more chicken than any other state, more than 3 billion pounds per year. That is almost 30 chickens per person!
- 2. In 2001, California chicken producers raised more than 240 million birds, which ranks California among the top seven chicken producing states.
- 3. Major California chicken brands are Foster Farms, Petaluma Poultry Processors, and Fulton Valley Farms. More than 90% of the farms are family owned.
- 4. Most California chicken is sold in supermarkets and grocery stores, and 97% is sold in California and the West Coast.
- 5. California sells more fresh chicken than any other state.
- 6. More than two-thirds of California consumers say they prefer fresh chicken over frozen.
- 7. Consumers prefer "California Grown" chicken to out-of-state brands.
- 8. Petaluma Poultry Processors produced the first certified "organic" chicken in the nation, and today California produces more organic chicken than any other state.
- 9. Foster Farms is the largest chicken company in the Western United States.
- 10. California chicken brands are popular and are known for having fresh and natural chickens.

Page 6 "Word Search Puzzle"

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